



MIMBLEBALL FOR EARLY CHILDHOOD EDUCATION



Teacher-guided ideas for social-emotional support aligned with the Teaching Pyramid Model and Conscious Discipline

	APPLICATION IDEAS	WHAT TO SAY	PYRAMID MODEL + CONSCIOUS DISCIPLINE	PRIMARY SEL GOAL
Infants (3 weeks to 18 mos)	• Lap comfort during arrival & separation • Visual tracking & gentle one-to-one play • Soothing support during diapering, feeding & sleep transitions • Quiet-time sensory comfort with soft songs & rocking	• "You are safe. I am here." • "Soft hands." • "Breathe with me." • "I see you. You feel upset."	• Nurturing relationships & predictable routines • Co-regulation, noticing cues, adult composure • I Love You rituals, breathing, Safe Place with adult support	• Attachment • Trust • Calm body • Sensory regulation
Toddlers (18 months to 3 years)	• Feelings check-in & emotion naming • Turn-taking & simple peer greeting games • Transition buddy for cleanup, line-up, & rest time • Calm-down corner with choices & breathing	• "You look frustrated." • "My turn, your turn." • "Let's "bop" & breathe." • "Do you want this one or that one?"	• Supportive environments & targeted social-emotional teaching • Visual routines, empathy, noticing, & choices • Breathing, Safe Place, & helpful redirection	• Emotional language • Self-regulation • Waiting • Flexibility • Friendship
Preschoolers (3 to 5 years)	• Morning meeting talking piece • Feelings games, storytelling, & role play • Problem-solving during conflicts • Breathing partner & classroom jobs	• "How does your body feel?" • "Tell the problem." • "Let's breathe & choose a solution." • "What can you say to your friend?"	• Explicit teaching of social skills & problem-solving • Friendship skills, solution choices, & encouragement • Brain Smart Start, STAR breathing, & assertive language	• Empathy • Cooperation • Conflict resolution • Self-control • Community

Best used as a teacher-guided comfort and communication tool with active supervision and age-appropriate safety practices.

www.mimbleball.com